



## 2026 SFSP Multi-Day Meal Boxes

### 7-Day Options

WEEK 1	
Item	Qty
C01 - Nacho Meal (V)	1
C02 - Buffalo Chicken Salad +	1
C04 - Cheese Pizza Meal (V)+	1
C25 - Spaghetti w Meat Sauce (Pouch)	1
C11 - Yogurt Parfait (V)	1
C29 - Apple Chickpea Spread (V)	1
C10 - Turkey & Swiss	1
Marshmallow Mateys RS Bowl 1oz	1
Apple Jacks RS Pouch 1oz	1
Kelloggs Grahams Tiger Bites 1oz	1
Boosh Vanilla Cinnamon 1oz Granola	1
Boosh Lemon Berry Soft Baked Bite 1oz	1
Zee Zees Birthday Cake Bar 1.3oz	1
Zee Zees S'mores Bar 1.3oz	1
4.23oz 100% Fruit Juice - Apple	3
4.23oz 100% Fruit Juice - Fruit Punch	2
4.23oz 100% Fruit Juice - Orange Tangerine	2
P201MK - 1% White Milk 8oz	14

WEEK 2	
Item	Qty
C14 -It's a Gouda Lunch!	1
C17 - BBQ Chicken	1
C08 - Pepperoni Pizza Meal+	1
C23 - White Chicken Chili	1
C22 - Buffalo Chicken and Cheese Bites	1
C03 - Sunbutter (V)	1
C12 - Quesadilla+	1
Honey Scooters RS Bowl 1oz	1
Froot Loops RS Pouch 1oz	1
Kelloggs Grahams Bug Bites 1oz	1
Boosh Vanilla Cinnamon 1oz Granola	1
Zee Zees Blueberry Lemon Bar 1.3oz	1
Zee Zees Campfire S'mores Bar 1.3oz	1
Boosh Cranberry Vanilla Baked Bite 1oz	1
4.23oz 100% Fruit Juice - Apple	2
4.23oz 100% Fruit Juice - Fruit Punch	3
4.23oz 100% Fruit Juice - Orange Tangerine	2
P201MK - 1% White Milk 8oz	14

WEEK 3	
Item	Qty
C13 -Chili Con Queso	1
C18 - Pollo Asado	1
C21 - Pepperoni Slices+	1
C24 - Southwest Chicken and Rice	1
C09 - BBQ Chicken Nugget+	1
C30 -Chocolate Chickpea Spread (V)	1
C06 - Bean Dip (V)	1
Post Cinnamon Toasters Bowls 1oz	1
Kellogg's® Scooby-Doo!™ Chocolate Snacks	1
Boosh Apple Cinnamon Soft Baked Bite 1oz	1
Pop-Tarts® Whole Grain Frosted Strawberry 1.	1
Boosh Vanilla Cinnamon 1oz Granola	1
Zee Zees Berry Apple Crisp Bar 1.3oz	1
Zee Zees Campfire S'mores Bar 1.3oz	1
4.23oz 100% Fruit Juice - Apple	2
4.23oz 100% Fruit Juice - Fruit Punch	2
4.23oz 100% Fruit Juice - Orange Tangerine	3
P201MK - 1% White Milk 8oz	14

Based on availability, items may be replaced with items of similar composition/nutritional value

CASE INFORMATION	
Units Per Case	1 Box
Cases per Pallet	88
Case Dimension	22" x 9.25" x 5.25"
Pallet Ti-Hi	8 X 11
Box Weight	17.5 lbs.
Shelf Life	3-6 months from ship date (min. 09/2027)

(V) Vegetarian option

+ Compliant with both SFSP and CACFP

2026 SFSP Meal Kit Options

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Salt Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
<b>7 Day Box B (Week 1)</b>	<b>15</b>	<b>14</b>	<b>7.5</b>	<b>2</b>		<b>219.72</b>	<b>6465</b>	<b>181</b>	<b>54</b>	<b>0</b>	<b>305</b>	<b>6580</b>	<b>952</b>	<b>69</b>	<b>622</b>	<b>173</b>	<b>231</b>		
<b>Day 1</b>	<b>2</b>	<b>2</b>	<b>1.25</b>	<b>0</b>		<b>30.59</b>	<b>985</b>	<b>32</b>	<b>10.5</b>	<b>0</b>	<b>45</b>	<b>1545</b>	<b>135</b>	<b>10</b>	<b>90</b>	<b>31</b>	<b>33</b>		
Marshmallow Mateys RS Bowl 1oz		1				1	110	1.5	0	0	0	270	22	2	6	6	3	Wheat	Whole grain oat flour, sugar, wheat starch, corn syrup, salt, modified cornstarch, calcium carbonate, dextrose, gelatin, trisodium phosphate, artificial flavor, sodium hexametaphosphate, yellow 5, red 40, blue 1, yellow 6. Vitamins and minerals: Ferric orthophosphate (source of iron), niacinamide (vitamin B3), zinc oxide, thiamin mononitrate (vitamin B1), calcium pantothenate (vitamin B5), pyridoxine hydrochloride (vitamin B6), folic acid.
4.23oz 100% Fruit Juice - Orange Tangerine			0.5			4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Pear, Orange, Tangerine and/or Apple Juice concentrates), Natural Flavors and Citric Acid
Shelf Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	<b>1</b>	<b>0</b>	<b>0.5</b>	<b>0</b>		<b>13.23</b>	<b>270</b>	<b>4</b>	<b>1.5</b>	<b>0</b>	<b>10</b>	<b>385</b>	<b>49</b>	<b>2</b>	<b>31</b>	<b>6</b>	<b>11</b>		
Tasty Cow Cheddar Cheese Cups 2oz			1			2	140	12	7	0	30	780	0	0	0	0	6	Dairy	Cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes, color added), water, milkfat, sodium phosphate, whey, enzyme modified cheese, salt, sodium alginate, sorbic acid (preservative), lactic acid, color added.
Boosh Protein trail mix Honey Cran			1	0.25		2.16	270	13	2	0	0	55	36	5	27	25	5	Wheat	Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Honey Sunflower Kernels (Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum).
Boosh Pita Chip - Sea Salt Flavor			1			0.7	90	3	0	0	0	140	13	1	0	0	2	Wheat	Enriched Wheat Flour (Niacin, Iron, Thiamin Mononitrate, Riboflavin, and Folic Acid), Sunflower Oil, Stone Ground Unbleached Whole Wheat Flour, Oat Fiber, Sea Salt, Yeast, Natural Flavor, Ascorbic Acid.
Fruit Cup in 100% Juice 4.5oz - Mandarin				0.5		4.5	80	0	0	0	0	5	13	1	9	0	1	None	Contains Wheat. Mandarin segments, water, pear juice concentrate, ascorbic acid, citric acid.
Shelf Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	<b>1</b>	<b>2</b>	<b>0.75</b>	<b>0</b>		<b>17.36</b>	<b>715</b>	<b>28</b>	<b>9</b>	<b>0</b>	<b>35</b>	<b>1160</b>	<b>86</b>	<b>8</b>	<b>59</b>	<b>25</b>	<b>22</b>		
<b>Day 2</b>	<b>2</b>	<b>2</b>	<b>1</b>	<b>0.5</b>		<b>35.36</b>	<b>835</b>	<b>17</b>	<b>6</b>	<b>0</b>	<b>85</b>	<b>870</b>	<b>124</b>	<b>5</b>	<b>81</b>	<b>8</b>	<b>38</b>		
Zee Zees Birthday Cake Soft Baked Bar 1.3oz/175		1				1.3	150	5	1.5	0	0	45	24	2	9	8	2	Wheat	Whole grain oat blend (oats, whole oat flour), sugar, corn syrup, enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), soybean oil, palm oil, icing (sugar, palm kernel oil, soy lecithin, corn starch), crisp rice (brown rice flour), raisin paste, natural sprinkles (sugar, palm kernel & palm oil, corn starch), sunflower lecithin, vegetable juice, annatto extract, spirulin extract, turmeric, beta-carotene, maltodextrin, carnauba wax, cellulose gum), natural flavors, salt, baking soda.
4.23oz 100% Fruit Juice - Apple			0.5			4.23	60	0	0	0	0	5	14	0	13	0	0	None	100% Apple Juice (Water sufficient to reconstitute Apple Juice concentrate), Natural Flavors and Citric Acid
Shelf Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	<b>1</b>	<b>0</b>	<b>0.5</b>	<b>0</b>		<b>13.53</b>	<b>310</b>	<b>7.5</b>	<b>3</b>	<b>0</b>	<b>10</b>	<b>155</b>	<b>50</b>	<b>2</b>	<b>34</b>	<b>8</b>	<b>10</b>		
Buffalo Chicken Salad Pouch			2			4.5	180	7	2	0	70	420	6	0	0	0	18	None	White chicken meat, water, buffalo seasoning (maltodextrin, salt, yeast extract, spice), hot sauce (cayenne red peppers, vinegar, salt, garlic), spices, sugar, onion powder, garlic powder, citric acid, contains 2% or less of: distilled vinegar, modified corn starch, natural and artificial flavors, paprika extract (color), disodium inosinate and disodium guanylate, sunflower and/or sulfur oil, silicon dioxide (anti-caking), maltodextrin, potassium sorbate (preservative), modified food starch, contains 2% or less of: salt, sodium phosphate, spice.
Whole Wheat Tortilla 1oz		1				1	90	2.5	1	0	0	100	14	1	0	0	2	Wheat	Whole grain wheat flour, water, bleached wheat flour (niacin, reduced iron, thiamin mononitrate, riboflavin, enzyme, folic acid), water, hydrogenated soybean oil, vegetable glycerine, contains 2% or less of the following: mono and diglycerides, vital wheat gluten, salt, calcium propionate, calcium acid pyrophosphate, sodium bicarbonate, sugar, fumaric acid, corn starch, sodium stearoyl lactylate, sodium acid pyrophosphate, potassium sorbate, cellulose gum, inactive yeast, enzymes, sodium metabisulfite.
Buddy Fruit Apple Orchard 4.1oz			0.5			4.1	60	0	0	0	0	5	15	1	11	0	0	None	All natural, 100% fruits, 0g added sugars, no concentrates, no HF corn syrup, kosher, gluten free, vegetarian, vegan, no preservatives, no artificial flavors, no colorings, no dairy, fat free, cholesterol free
Paradise Punch - 100% Veggie Juice				0.5 O/A		4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Vegetable & Fruit Juice Blend (Water sufficient to reconstitute Sweet Potato, Apple and/or Pear, and Carrot Juice concentrates, Natural Flavors and Citric Acid.
Shelf Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	<b>1</b>	<b>2</b>	<b>0.5</b>	<b>0.5</b>		<b>21.83</b>	<b>525</b>	<b>9.5</b>	<b>3</b>	<b>0</b>	<b>75</b>	<b>715</b>	<b>74</b>	<b>3</b>	<b>47</b>	<b>0</b>	<b>28</b>		

2026 SFSP Meal Kit Options Continued  
7 Day Box B (Week 1)

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Sizes (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
<b>Day 3</b>	2	2	1	0.5		30.66	845	32	9.5	0	40	1285	118	12	73	8	34		
Apple Jacks RS Pouch 1oz		1					90	0.5	0	0	0	160	24	4	6	6	2	Wheat	Whole grain yellow corn flour, sugar, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamine mononitrate], vitamin B2 [riboflavin], folic acid), whole grain oat flour, degerminated yellow corn flour, oat fiber, contains 2% or less of soluble corn fiber, salt, calcium carbonate, natural flavor, dried apples, apple juice concentrate, cornstarch, cinnamon, yellow 6, modified food starch, wheat starch, baking soda, tricalcium phosphate, yellow 5, red 40, blue 1, BHT for freshness. Vitamins and Minerals: Vitamin C (ascorbic acid), iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamine hydrochloride), vitamin B2 (riboflavin), folic acid, vitamin D3, vitamin B12.
4.23oz 100% Fruit Juice - Apple			0.5				60	0	0	0	0	5	14	0	13	0	0	None	100% Apple Juice (Water sufficient to reconstitute Apple juice concentrate), Natural Flavors and Citric Acid
Shelf Stable Milk - 1% White 8oz							100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.23	250	3	1.5	0	10	270	50	4	31	6	10		
Mozzarella Cheese Plank 1oz		1					100	8	6	0	25	360	1	0	0	0	6	Dairy	Cultured pasteurized milk, water, salt, sodium phosphate, natural flavoring, sorbic acid (preservative), enzymes.
Boosh 1oz Sunflower Kemet		1					170	17	2	0	0	130	8	4	1	0	7	None	Sunflower Kernels, Sunflower and/or Cottonseed Oil, Salt.
Boosh Pita Chip - Cheesy Pizza Flavor		1					90	3	0	0	0	140	14	1	1	1	2	Dairy, Wheat	Wheat Flour, Sunflower Oil, Whole Wheat Flour, Sugar, Tomato Powder, Dextrose, Cheese Flavor (Whey Powder, Natural Cheese Flavor), Spices, Yeast Extract, Onion, Garlic Powder, Oat Fiber, Yeast, Salt.
4.23oz 100% Fruit Juice - Apple			0.5				60	0	0	0	0	5	14	0	13	0	0	None	100% Apple Juice (Water sufficient to reconstitute Apple juice concentrate), Natural Flavors and Citric Acid
Dipping Cups Red Gold Marinara 2.5oz				0.5 R/O			40	1	0	0	0	200	7	2	4	1	1	None	Tomato Puree (Water, Tomato Paste), Diced Tomatoes, Sugar, Less Than 2 % Of: Soybean Oil, Salt, Dried Garlic, Dried Onion, Spices, Parsley, Citric Acid.
Shelf Stable Milk - Fat Free Chocolate 8oz							135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	1	2	0.5	0.5		17.43	595	29	8	0	30	1015	68	8	42	2	24		
<b>Day 4</b>	3	2	0.5	1	R/O, O/A	30.76	825	22	10	0	45	1040	122	8	73	8	32		
Zee Zees Campfire Smores Soft Baked Bar 1.3oz/175		1					150	5	1.5	0	0	50	24	1	9	8	2	Wheat	Whole grain blend (oats, whole oat flour, whole wheat flour), enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, corn syrup, soybean oil, palm oil, marshmallow flavored bits (sugar, corn syrup, rice syrup, corn cereal, degermed corn grits, starch [corn starch, tapioca starch], palm oil, natural flavor, titanium dioxide), raisin paste, natural flavor, palm kernel oil, cocoa (processed with alkali), salt, baking soda, soy lecithin.
4.23oz 100% Fruit Juice - Apple			0.5				60	0	0	0	0	5	14	0	13	0	0	None	100% Apple Juice (Water sufficient to reconstitute Apple juice concentrate), Natural Flavors and Citric Acid
Shelf Stable Milk - 1% White 8oz							100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.53	310	7.5	3	0	10	160	50	1	34	8	10		
Spaghetti w/ Meat Sauce	1	1		0.5 R/O			120	3	0	0	0	180	18	5	3		6	Wheat, Egg, Soy	Water, enriched spaghetti made with semolina wheat, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, and folic acid. It also includes tomatoes, tomato juice, ground beef, tomato paste, seasoned cooked beef containing beef, water, and sodium phosphates, onions, green bell peppers, modified corn starch, sugar, salt, spices, garlic powder, onion powder, and olive oil.
Mozzarella Cheese Plank 1oz		1					100	8	6	0	25	360	1	0	0	0	6	Dairy	Cultured pasteurized milk, water, salt, sodium phosphate, natural flavoring, sorbic acid (preservative), enzymes.
WG Cheez-It Crackers .75oz		1					100	3.5	1	0	5	150	14	1	0	0	2	Dairy, Wheat, Soy	Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamine mononitrate], vitamin B2 [riboflavin], folic acid), white cheddar cheese (milk, cheese cultures, salt, enzymes), soybean oil (with TBHQ for freshness). Contains 2% or less of salt, paprika, yeast, paprika extract color, turmeric extract color, annatto extract color, soy lecithin.
Paradise Punch - 100% Veggie Juice				0.5 O/A			60	0	0	0	0	10	15	0	13	0	0	None	100% Vegetable & Fruit Juice Blend (Water sufficient to reconstitute Sweet Potato, Apple and/or Pear, and Carrot Juice concentrates, Natural Flavors and Citric Acid.
Shelf Stable Milk - Fat Free Chocolate 8oz							135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	2	2	0	1	R/O, O/A	17.23	515	14.5	7	0	35	880	72	7	39	0	22		

2026 SFSP Meal Kit Options Continued  
7 Day Box B (Week 1)

	Grain (oz)	Meat/PA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
<b>Day 5</b>	2	2	1.25	0		29.64	935	19.5	5	0	40	780	143	12	94	32	34		
Boosh Vanilla Cinnamon 1oz Granola	1					1	130	4	0	0	0	40	19	2	5	5	3	None	Whole Grain Oats, Brown Rice Syrup, Expeller Pressed Canola Oil, Evaporated Cane Sugar, Brown Rice Crisps, Oat Bran, Vanilla Extract, Sea Salt, Cinnamon.
4.23oz 100% Fruit Juice - Fruit Punch			0.5			4.23	60	0	0	0	0	5	15	0	14	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Apple, Pear, Orange and Pineapple juice concentrates), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.23	290	6.5	1.5	0	10	150	46	2	31	5	11		
Turkey'n Swiss Combo 1oz		1				1	90	6	3.5	0	25	330	2	0	1	0	6	Dairy	Honey pepper turkey stick: Turkey, mechanically separated turkey, honey, contains 2% or less of salt, corn syrup solids, spices including black pepper, mustard, dextrose, lactic acid starter culture, carrageenan, sodium erythorbate, garlic powder, sodium nitrite. In beef collagen casing. Pasteurized process Swiss cheese stick: Cultured pasteurized milk, water, salt, sodium phosphate, natural flavoring, sorbic acid (preservative), enzymes.
Boosh .75oz Chickpeas - Ranch		1				0.75	100	3	0	0	0	75	12	4	1	1	5	None	Chickpeas, Sunflower Oil and or Safflower Oil, Salt, Maltodextrin, Onion and Garlic Powder, Citric Acid, Natural Flavors, Parsley, and Silicon Dioxide Added to Prevent Caking.
Boosh Vanilla Cinnamon 1oz Granola	1					1	130	4	0	0	0	40	19	2	5	5	3	None	Whole Grain Oats, Brown Rice Syrup, Expeller Pressed Canola Oil, Evaporated Cane Sugar, Brown Rice Crisps, Oat Bran, Vanilla Extract, Sea Salt, Cinnamon.
Ocean Spray® Flavored Craisins® - Raspberry Lemonade 1.16oz			0.25			1.16	110	0	0	0	0	0	27	2	24	21	0	None	Dried Cranberries (sugar, cranberries, natural flavor). Refined sunflower oil is used as a processing aid.
Fruit Cup in 100% Juice 4.5oz - Mandarin			0.5			4.5	80	0	0	0	0	5	13	1	9	0	1	None	Mandarin segments, water, pear juice concentrate, ascorbic acid, citric acid.
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	1	2	0.75	0		16.41	645	13	3.5	0	30	630	97	10	63	27	23		
<b>Day 6</b>	2	2	1.25	0		29.82	1015	30.5	5.5	0	15	550	150	12	99	36	31		
Boosh Lemon Berry Soft Baked Bite 1oz	1					1	100	3	1	0	0	75	16	1	7	6	2	Wheat, Soy, Egg, Dairy	Oats, Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate, Riboflavin, Folic Acid), Invert Sugar, Brown Sugar, Palm Oil Margarine (Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% of Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey, Craisins, Sugar, Canola Oil, Fructose, Contains 2% or Less of the Following: Water, Baking Soda, Natural Flavor, Salt, Soybean Oil, Cellulose Gum, Egg, Soy Lecithin, Annatto, Turmeric (For Color), Modified Corn Starch, Cream of Tartar. Contains: Egg, Milk, Soy, Wheat
4.23oz 100% Fruit Juice - Orange Tangerine			0.5			4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Pear, Orange, Tangerine and/or Apple Juice concentrates), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.23	260	5.5	2.5	0	10	190	43	1	32	6	10		
Apple Chickpea Spread		1				1.13	170	10	1	0	0	65	15	2	5	3	5	None	Roasted Chickpeas, Canola Oil, Sugar (contains Corn Starch) Palm Oil, Cinnamon Powder, Apple Powder, Natural Flavor, Salt.
Boosh Protein trail mix Honey Cran		1	0.25			2.16	270	13	2	0	0	55	36	5	27	25	5	Wheat	Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Honey Sunflower Kernels (Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum).
Crunchmaster Cinn Toast Cracker		1				0.8	100	2	0	0	0	55	19	2	3	2	2	None	Brown Rice Flour, Rolled Oats, Potato Starch, Cinnamon Toast Seasoning (Cane Sugar, Cinnamon, Sea Salt, Natural
Fruit Cup in 100% Juice 4.5oz - Mandarin			0.5			4.5	80	0	0	0	0	5	13	1	9	0	1	None	Flavor), Oat Flour, Olive Oil, Sugar, Oat Fiber, Sea Salt
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Mandarin segments, water, pear juice concentrate, ascorbic acid, citric acid.
<b>Lunch</b>	1	2	0.75	0		16.59	755	25	3	0	5	360	107	11	67	30	21		

2026 SFSP Meal Kit Options Continued  
7 Day Box B (Week 1)

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sizes (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
<b>Day 7</b>	<b>2</b>	<b>2</b>	<b>1.25</b>	<b>0</b>	<b>32.89</b>	<b>1025</b>	<b>28</b>	<b>7.5</b>	<b>0</b>	<b>35</b>	<b>510</b>	<b>160</b>	<b>10</b>	<b>112</b>	<b>50</b>	<b>29</b>		
Kelloggs Tiger Bites Grahams 1oz	1				1	120	4	1	0	0	100	21	1	8	8	2	Wheat, Soy	Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), sugar, vegetable oil (soybean, palm, canola and/or high oleic soybean). Contains 2% or less of invert sugar, molasses, salt, baking soda, soy lecithin, BHT for freshness.
4.23oz 100% Fruit Juice - Apple			0.5		4.23	60	0	0	0	0	5	14	0	13	0	0	None	100% Apple Juice (Water sufficient to reconstitute Apple juice concentrate), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz					8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	<b>1</b>	<b>0</b>	<b>0.5</b>	<b>0</b>	<b>13.23</b>	<b>280</b>	<b>6.5</b>	<b>2.5</b>	<b>0</b>	<b>10</b>	<b>210</b>	<b>47</b>	<b>1</b>	<b>33</b>	<b>8</b>	<b>10</b>		
Low Fat Yogurt, Strawberry Flavor		1			4	130	4.5	3	0	20	20	21	0	15	12	2	Dairy	Cultured whole milk, water, sugar, cream, modified food starch, contains 2% or less of citric acid, natural flavor, xanthan gum, natamycin.
Boosh Protein trail mix Honey Cran			1	0.25	2.16	270	13	2	0	0	55	36	5	27	25	5	Wheat	Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Honey Sunflower Kernels (Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum).
Boosh Vanilla Cinnamon 1oz Granola	1				1	130	4	0	0	0	40	19	2	5	5	3	None	Whole Grain Oats, Brown Rice Syrup, Expeller Pressed Canola Oil, Evaporated Cane Sugar, Brown Rice Crisps, Oat Bran, Vanilla Extract, Sea Salt, Cinnamon.
Fruit Cup in 100% Juice 4.5oz - Mandarin			0.5		4.5	80	0	0	0	0	5	13	1	9	0	1	None	Mandarin segments, water, pear juice concentrate, ascorbic acid, citric acid.
Shell Stable Milk - Fat Free Chocolate 8oz					8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	<b>1</b>	<b>2</b>	<b>0.75</b>	<b>0</b>	<b>19.66</b>	<b>745</b>	<b>21.5</b>	<b>5</b>	<b>0</b>	<b>25</b>	<b>300</b>	<b>113</b>	<b>9</b>	<b>79</b>	<b>42</b>	<b>19</b>		

2026 SFSP Meal Kit Options

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
<b>7 Day Box C (Week 2)</b>	14	14	7	2.5		224.57	6300	179	61	0	360	7685	920	60	605	153	235		
<b>Day 1</b>	2	2	1.25	0		30.19	965	32	11.5	0	55	1465	140	10	93	31	33		
Honey Scooters RS Bowl 1oz	1					1	110	1.5	0	0	0	170	22	2	6	6	3	Wheat	Whole grain oat flour, sugar, wheat starch, honey, salt, calcium carbonate, trisodium phosphate, caramel color, molasses, natural flavor. Vitamins and minerals: Ferric orthophosphate (source of iron), niacinamide (Vitamin B3), zinc oxide, thiamin mononitrate (Vitamin B1), calcium pantothenate (Vitamin B5), pyridoxine hydrochloride (Vitamin B6), folic acid.
4.23oz 100% Fruit Juice - Orange Tangerine			0.5			4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Pear, Orange, Tangerine and/or Apple Juice concentrates), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.23	270	4	1.5	0	10	285	49	2	31	6	11		
HF Smoked Gouda Cheese Dip 2oz		1				2	140	12	8	0	40	800	2	0	1	0	7	Dairy	Gouda and cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes, color added), water, milkfat, sodium phosphate, cream, whey, calcium propionate (preservative), salt, lactic acid, sorbic acid (preservative), color added.
Boosh Protein trail mix Honey Cran		1	0.25			2.16	270	13	2	0	0	55	36	5	27	25	5	Wheat	Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Honey Sunflower Kernels (Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum), Enriched Wheat Flour (Niacin, Iron Thiamin Mononitrate, Riboflavin, and Folic Acid), Sunflower Oil, Stone Ground Unbleached Whole Wheat Flour, Oat Fiber, Sea Salt, Yeast, Natural Flavor, Ascorbic Acid. Contains Wheat.
Boosh Pita Chip - Sea Salt Flavor		1				0.7	90	3	0	0	0	140	13	1	0	0	2	Wheat	All natural, 100% fruits, 0g added sugars, no concentrates, no HF corn syrup, kosher, gluten free, vegetarian, vegan, no preservatives, no artificial flavors, no colorings, no dairy, fat free, cholesterol free
Buddy Fruit Apple Orchard 4.1oz			0.5			4.1	60	0	0	0	0	5	16	1	11	0	0	None	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	
<b>Lunch</b>	1	2	0.75	0		16.96	695	28	10	0	45	1180	91	8	62	25	22		
<b>Day 2</b>	2	2	1.25	0		32.69	815	13.5	5	0	50	850	131	7	91	29	32		
Zee Zees Blueberry Lemon Soft Baked Bar 1.3oz/175	1					1.3	150	5	1.5	0	0	45	24	2	9	8	2	Wheat	Whole grain oat blend (oats, whole oat flour), sugar, corn syrup, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), soybean oil, palm oil, icing (sugar, palm kernel oil, soy lecithin, corn starch), crisco rice (brown rice flour), raisin paste, blueberry flavored bits (sugar, vegetable oil (palm, palm kernel), enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), natural flavor, malic acid, fruit and vegetable juice for color, soy lecithin, sodium citrate), natural flavors, salt, baking soda, citric acid, soy lecithin.
4.23oz 100% Fruit Juice - Apple			0.5			4.23	60	0	0	0	0	5	14	0	13	0	0	None	100% Apple Juice (Water sufficient to reconstitute Apple juice concentrate), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.53	310	7.5	3	0	10	155	50	2	34	8	10		
BBQ Chicken Pouch-4.5oz		2				4.5	90	3.5	1	0	35	410	3	0	1	0	11	None	White chicken meat, water, BBQ seasoning (sugar, salt, brown sugar, garlic powder, yeast extract, corn starch, onion powder, dehydrated tomato, spices, paprika [color]), contains 2% or less of: mustard (distilled vinegar, mustard seed, salt, turmeric [color]), xanthan gum, natural flavors, natural smoke flavor, safflower and/or sunflower oil, silicon dioxide, sulfites, modified food starch, salt, sodium phosphate.
Whole Wheat Tortilla 1oz	1					1	90	2.5	1	0	0	100	14	1	0	0	2	Wheat	Whole grain wheat flour, water, bleached wheat flour (niacin, reduced iron, thiamin mononitrate, riboflavin, enzyme, folic acid), water, hydrogenated soybean oil, vegetable glycerine, contains 2% or less of the following: mono and diglycerides, vital wheat gluten, salt, calcium propionate, calcium acid pyrophosphate, sodium bicarbonate, sugar, fumaric acid, corn starch, sodium stearoyl lactylate, sodium acid pyrophosphate, potassium sorbate, cellulose gum, inactive yeast, enzymes, sodium metabisulfite.
Fruit Cup in 100% Juice 4.5oz - Mandarin			0.5			4.5	80	0	0	0	0	5	13	1	9	0	1	None	Mandarin segments, water, pear juice concentrate, ascorbic acid, citric acid.
Ocean Spray® Flavored Craisins® - Raspberry Lemonade 1.16oz			0.25			1.16	110	0	0	0	0	0	27	2	24	21	0	None	Dried Cranberries (sugar, cranberries, natural flavor). Refined sunflower oil is used as a processing aid.
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	1	2	0.75	0		19.16	505	6	2	0	40	695	81	5	57	21	22		

2026 SFSP Meal Kit Options Continued  
7 Day Box C (Week 2)

	Grain (oz)	Meat/PA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Sizes (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients	
<b>Day 3</b>	2	2	0.5	1	R/O	30.785	795	24	11.5	0	55	1650	112	8	73	8	34			
Froot Loops RS Pouch 10z/96	1					1	100	0.5	0	0	0	170	24	4	6	6	2	Wheat	Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, contains 2% or less of oat fiber, salt, soluble corn fiber, natural flavor, red 40, yellow 5, blue 1, yellow 6, BHT for freshness. Vitamins and Minerals: Vitamin C (ascorbic acid), reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12.	
4.23oz 100% Fruit Juice - Fruit Punch			0.5			4.23	60	0	0	0	0	5	15	0	14	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Apple, Pear, Orange and Pineapple juice concentrates), Natural Flavors and Citric Acid	
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.	
<b>Breakfast</b>	1	0	0.5	0		13.23	260	3	1.5	0	10	280	51	4	32	6	10			
OBriens Pepperoni Beef Stick 1.13oz		1				1.125	110	9	4	0	15	480	0	0	0	0	0	7	None	Beef, Water, Salt, Spices. Contains 2% or Less of Dextrose, Corn Syrup, Paprika, Sodium Phosphate, Flavoring and Extractives of Paprika, Hydrolyzed Soy Protein, Sodium Erythorbate, Lactic Acid Starter Culture, Sodium Nitrite.
Mozzarella Cheese Plank 1oz		1				1	100	8	6	0	25	360	1	0	0	0	0	6	Dairy	Cultured pasteurized milk, water, salt, sodium phosphate, natural flavoring, sorbic acid (preservative), enzymes.
Boosh Pita Chip - Cheezy Pizza Flavor	1					0.7	90	3	0	0	0	140	14	1	1	1	2	Dairy, Wheat	Wheat Flour, Sunflower Oil, Whole Wheat Flour, Sugar, Tomato Powder, Dextrose, Cheese Flavor (Whey Powder, Natural Cheese Flavor), Spices, Yeast Extract, Onion, Garlic Powder, Oat Fiber, Yeast, Salt.	
Paradise Punch - 100% Veggie Juice				0.5	O/A	4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Vegetable & Fruit Juice Blend (Water sufficient to reconstitute Sweet Potato, Apple and/or Pear, and Carrot Juice concentrates, Natural Flavors and Citric Acid.	
Dipping Cups Red Gold Marinara 2.5oz				0.5	R/O	2.5	40	1	0	0	0	200	7	2	4	1	1	None	Tomato Puree (Water, Tomato Paste), Diced Tomatoes, Sugar, Less than 2% Of: Soybean Oil, Salt, Dried Garlic, Dried Onion, Spices, Parsley, Citric Acid.	
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.	
<b>Lunch</b>	1	2	0	1	R/O	17.555	535	21	10	0	45	1370	61	4	41	2	24			
<b>Day 4</b>	2	2	1	0.5	O/A	39.01	975	27.5	5.5	0	50	825	140	9	80	8	33			
Zee Zees Campfire Smores Soft Baked Bar 1.3oz/175	1					1.3	150	5	1.5	0	0	50	24	1	9	8	2	Wheat	Whole grain blend (oats, whole oat flour, whole wheat flour), enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, corn syrup, soybean oil, palm oil, marshmallow flavored bits (sugar, corn syrup, rice syrup, corn cereal, degermed corn grits, starch [corn starch, tapioca starch], palm oil, natural flavor), raisin paste, natural flavor, palm kernel oil, cocoa (processed with alkali), salt, baking soda, soy lecithin.	
4.23oz 100% Fruit Juice - Apple			0.5			4.23	60	0	0	0	0	5	14	0	13	0	0	None	100% Apple Juice (Water sufficient to reconstitute Apple juice concentrate), Natural Flavors and Citric Acid	
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.	
<b>Breakfast</b>	1	0	0.5	0		13.53	310	7.5	3	0	10	160	50	1	34	8	10			
White Chicken Chili		2				8	290	16	2.5	0	35	270	23	5	1			13	Soy	Water, white chicken meat, great northern beans, jalapeño peppers, fully refined soybean oil, modified food starch, red peppers, contains 2% or less of: onion, modified food starch, chicken base (chicken meat including chicken juices, hydrolyzed soy and corn protein, yeast extract), carrot powder and turmeric, salt, soy lecithin, ethoxylated mono diglycerides, propylene glycol, garlic powder, spices.
Boosh 0.75oz Roasted Ranch Corn Nuggets	1					0.75	100	4	0	0	0	200	15	1	0	0	0	1	None	NGMO Corn, High Oleic Oil (Contains One or More of the Following: NGMO Canola and/or Safflower Oil), Salt, Maltodextrin, Dehydrated Garlic and Onion, Sugar, Yeast Extract, Sodium Diacetate, Natural and Artificial Flavors, Tomato Powder, Citric Acid, Dehydrated Red Bell Pepper, Parsley, Disodium Guanylate, and Less than 2% Silicon Dioxide Added to Prevent Caking.
Fruit Cup in 100% Juice 4.5oz - Mandarin			0.5			4.5	80	0	0	0	0	5	13	1	9	0	1	None	Mandarin segments, water, pear juice concentrate, ascorbic acid, citric acid.	
Paradise Punch - 100% Veggie Juice				0.5	O/A	4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Vegetable & Fruit Juice Blend (Water sufficient to reconstitute Sweet Potato, Apple and/or Pear, and Carrot Juice concentrates, Natural Flavors and Citric Acid.	
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.	
<b>Lunch</b>	1	2	0.5	0.5	O/A	25.48	665	20	2.5	0	40	665	90	8	46	0	23			

2026 SFSP Meal Kit Options Continued  
7 Day Box C (Week 2)

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
<b>Day 5</b>	<b>2</b>	<b>2</b>	<b>1.25</b>	<b>0</b>		<b>31.09</b>	<b>975</b>	<b>27.5</b>	<b>5.5</b>	<b>0</b>	<b>70</b>	<b>810</b>	<b>139</b>	<b>10</b>	<b>92</b>	<b>30</b>	<b>38</b>		
Boosh Vanilla Cinnamon 1oz Granola	1					1	130	4	0	0	0	40	19	2	5	5	3	None	Whole Grain Oats, Brown Rice Syrup, Expeller Pressed Canola Oil, Evaporated Cane Sugar, Brown Rice Crisps, Oat Bran, Vanilla Extract, Sea Salt, Cinnamon.
4.23oz 100% Fruit Juice - Fruit Punch			0.5			4.23	60	0	0	0	0	5	15	0	14	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Apple, Pear, Orange and Pineapple juice concentrates), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	<b>1</b>	<b>0</b>	<b>0.5</b>	<b>0</b>		<b>13.23</b>	<b>290</b>	<b>6.5</b>	<b>1.5</b>	<b>0</b>	<b>10</b>	<b>150</b>	<b>46</b>	<b>2</b>	<b>31</b>	<b>5</b>	<b>11</b>		
Buffalo Chicken Bites		1				2.6	120	4.5	1	0	50	270	4	0	0	0	12	None	Chicken, salt, contains 2% or less of: sugar, dried honey (cane sugar, honey), spices including red cayenne pepper and mustard, dextrose, lactic acid starter culture, dehydrated garlic, vinegar powder, sodium erythorbate, sodium nitrite. In beef collagen casing.
Boosh Protein trail mix Honey Cran		1	0.25			2.16	270	13	2	0	0	55	36	5	27	25	5	Wheat	Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Honey Sunflower Kernels (Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum).
WG Cheez-It Crackers .75oz	1					1	100	3.5	1	0	5	150	14	1	0	0	2	Dairy, Wheat, Soy	Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), white cheddar cheese (milk, cheese cultures, salt, enzymes), soybean oil (with TBHQ for freshness). Contains 2% or less of salt, paprika, yeast, paprika extract color, turmeric extract color, annatto extract color, soy lecithin.
Buddy Fruit Apple Orchard 4.1oz			0.5			4.1	60	0	0	0	0	5	15	1	11	0	0	None	All natural, 100% fruits, 0g added sugars, no concentrates, no HF corn syrup, kosher, gluten free, vegetarian, vegan, no preservatives, no artificial flavors, no colorings, no dairy, fat free, cholesterol free
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	<b>1</b>	<b>2</b>	<b>0.75</b>	<b>0</b>		<b>17.86</b>	<b>685</b>	<b>21</b>	<b>4</b>	<b>0</b>	<b>60</b>	<b>660</b>	<b>93</b>	<b>8</b>	<b>61</b>	<b>25</b>	<b>27</b>		
<b>Day 6</b>	<b>2</b>	<b>2</b>	<b>1.25</b>	<b>0</b>		<b>29.34</b>	<b>985</b>	<b>29.5</b>	<b>6.5</b>	<b>0</b>	<b>15</b>	<b>670</b>	<b>150</b>	<b>12</b>	<b>103</b>	<b>39</b>	<b>32</b>		
Boosh Cranberry Vanilla Soft Baked Bite 1oz	1					1	100	3	1	0	0	75	17	1	7	6	2	Wheat, Soy, Egg, Dairy	Oats, Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate, Riboflavin, Folic Acid), Invert Sugar, Brown Sugar, Palm Oil Margarine (Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% of Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey, Crainsins, Sugar, Canola Oil, Fructose, Contains 2% or Less of the Following: Water, Baking Soda, Natural Flavor, Salt, Soybean Oil, Cellulose Gum, Egg, Soy Lecithin, Annatto, Turmeric (For Color), Modified Corn Starch, Cream of Tartar. Contains: Egg, Milk, Soy, Wheat.
4.23oz 100% Fruit Juice - Orange Tangerine			0.5			4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Pear, Orange, Tangerine and/or Apple Juice concentrates), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	<b>1</b>	<b>0</b>	<b>0.5</b>	<b>0</b>		<b>13.23</b>	<b>260</b>	<b>5.5</b>	<b>2.5</b>	<b>0</b>	<b>10</b>	<b>190</b>	<b>44</b>	<b>1</b>	<b>32</b>	<b>6</b>	<b>10</b>		
Sunbutter Cup		1				1.1	200	17	3	0	0	120	7	2	4	3	7	None	Roasted sunflower seeds, sugar, mono diglycerides, salt.
Boosh .75oz Chickpeas - Ranch		1				0.75	100	3	0	0	0	75	12	4	1	1	5	None	Chickpeas, Sunflower Oil and or Safflower Oil, Salt, Maltodextrin, Onion and Garlic Powder, Citric Acid, Natural Flavors, Parsley, and Silicon Dioxide Added to Prevent Caking.
Ocean Spray® Flavored Crainsins® - Orange 1.16oz			0.25			1.16	110	0	0	0	0	0	27	2	24	21	0	None	Dried Cranberries (Sugar, cranberries, natural flavor). Refined sunflower oil is used as a processing aid.
Kelloggs Bug Bites Grahams 1oz	1					1	120	4	1	0	0	100	21	1	8	8	2	Wheat, Soy	Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), sugar, vegetable oil (soybean, palm, canola and/or high oleic soybean). Contains 2% or less of invert sugar, molasses, salt, baking soda, soy lecithin, BHT for freshness.
Buddy Fruit Apple Orchard 4.1oz			0.5			4.1	60	0	0	0	0	5	15	1	11	0	0	None	All natural, 100% fruits, 0g added sugars, no concentrates, no HF corn syrup, kosher, gluten free, vegetarian, vegan, no preservatives, no artificial flavors, no colorings, no dairy, fat free, cholesterol free
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	<b>1</b>	<b>2</b>	<b>0.75</b>	<b>0</b>		<b>16.11</b>	<b>725</b>	<b>24</b>	<b>4</b>	<b>0</b>	<b>5</b>	<b>480</b>	<b>106</b>	<b>11</b>	<b>71</b>	<b>33</b>	<b>22</b>		

2026 SFSP Meal Kit Options Continued  
7 Day Box C (Week 2)

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
Day 7	2	2	0.5	1	O/A, R/O	31.46	790	25	15.5	0	65	1415	108	4	73	8	33		
Kelloggs Bug Bites Grahams 1oz	1					1	120	4	1	0	0	100	21	1	8	8	2	Wheat, Soy	Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), sugar, vegetable oil (soybean, palm, canola and/or high oleic soybean). Contains 2% or less of invert sugar, molasses, salt, baking soda, soy lecithin, BHT for freshness.
4.23oz 100% Fruit Juice - Fruit Punch			0.5			4.23	60	0	0	0	0	5	15	0	14	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Apple, Pear, Orange and Pineapple juice concentrates), Natural Flavors and Citric Acid
Shelf Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
Breakfast	1	0	0.5	0		13.23	280	6.5	2.5	0	10	210	48	1	34	8	10		
Mozzarella Cheese Plank 1oz			1			1	100	8	6	0	25	360	1	0	0	0	6	Dairy	Cultured pasteurized milk, water, salt, sodium phosphate, natural flavoring, sorbic acid (preservative), enzymes.
Vintage Cheddar Cheese Plank 1oz			1			1	100	8	6	0	25	360	1	0	0	0	6	Dairy	Cultured pasteurized milk, water, salt, sodium phosphate, natural flavoring, sorbic acid (preservative), added color, enzymes.
Whole Wheat Tortilla 1oz	1					1	90	2.5	1	0	0	100	14	1	0	0	2	Wheat	Whole grain wheat flour, water, bleached wheat flour (niacin, reduced iron, thiamin mononitrate, riboflavin, enzyme, folic acid), water, hydrogenated soybean oil, vegetable glycerine, contains 2% or less of the following: mono and diglycerides, vital wheat gluten, salt, calcium propionate, calcium acid pyrophosphate, sodium bicarbonate, sugar, fumaric acid, corn starch, sodium stearoyl lactylate, sodium acid pyrophosphate, potassium sorbate, cellulose gum, inactive yeast, enzymes, sodium metabisulfite.
Paradise Punch - 100% Veggie Juice				0.5	O/A	4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Vegetable & Fruit Juice Blend (Water sufficient to reconstitute Sweet Potato, Apple and/or Pear, and Carrot Juice concentrates, Natural Flavors and Citric Acid.
Dipping Cups Red Gold Salsa 3oz				0.5	R/O	3	25	0	0	0	0	195	5	1	3	0	1	None	Tomato Puree (Water, Tomato Paste), Diced Tomatoes, Jalapeno Peppers, Distilled Vinegar, Water, Less Than 2% Of: Dried Onion, Sea Salt, Salt, Sugar, Dried Garlic, Natural Flavors, Spices, Citric Acid.
Shelf Stable Milk - Fat Free Chocolate 8oz					O/A, R/O	8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
Lunch	1	2	0	1		18.23	510	18.5	13	0	55	1205	60	3	39	0	23		

2026 SFSP Meal Kit Options

7 Day Box D (Week 3)	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Sizes (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
<b>Day 1</b>	2	2	1.25	0		30.59	985	33.5	9.5	0	50	1365	135	9	90	31	32		
Post Cinnamon Toasters Bowls 1oz	1					1	120	4	0	0	0	150	21	1	6	6	1	Wheat, Soy	Whole grain wheat, rice, sugar, soybean and/or canola oil, fructose, dextrose, maltodextrin, salt, cinnamon, calcium carbonate, soy lecithin, trisodium phosphate, natural flavor, rosemary extract, Vitamins and minerals: Ferric orthophosphate (source of iron), niacinamide (vitamin B3), zinc oxide, thiamin mononitrate (vitamin B1), calcium pantothenate (vitamin B5), pyridoxine hydrochloride (vitamin B6), folic acid.
4.23oz 100% Fruit Juice - Orange Tangerine			0.5			4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Pear, Orange, Tangerine and/or Apple Juice concentrates), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.23	280	6.5	1.5	0	10	265	48	1	31	6	9		
HF Chili Con Queso Cheese Dip 2oz		1				2	130	11	6	0	35	720	1	0	0	0	7	Dairy	Pepperjack and cheddar cheese (pasteurized milk, jalapeño peppers, cheese cultures, salt, enzymes), water, sodium phosphate, milkfat, jalapeño peppers, green chile peppers, milk, sorbic acid (preservative), sodium alginate, red belt peppers, lactic acid, color added.
Boosh Pita Chip - Sea Salt Flavor	1					0.7	90	3	0	0	0	140	13	1	0	0	2	Wheat	Enriched Wheat Flour (Niacin, Iron Thiamin Mononitrate, Riboflavin, and Folic Acid), Sunflower Oil, Stone Ground Unbleached Whole Wheat Flour, Oat Fiber, Sea Salt, Yeast, Natural Flavor, Ascorbic Acid, Contains Wheat.
Boosh Protein trail mix Honey Cran		1	0.25			2.16	270	13	2	0	0	55	36	5	27	25	5	Wheat	Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Honey Sunflower Kernels (Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum).
Fruit Cup in 100% Juice 4.5oz - Mandarin			0.5			4.5	80	0	0	0	0	5	13	1	9	0	1	None	Mandarin segments, water, pear juice concentrate, ascorbic acid, citric acid.
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	1	2	0.75	0		17.36	705	27	8	0	40	1100	87	8	59	25	23		
<b>Day 2</b>	2	2	1.25	0		32.69	897	27	7	0	15	561	134.7	8.2	96.5	28	27.2		
Zee Zees Berry Apple Crisp Soft Baked Bar 1.3oz/175	1					1.3	150	5	1.5	0	0	50	24	1	9	7	2	Wheat	Whole Grain Oat Blend (Whole Oat Flour, Oats), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Corn Syrup, Raisin Paste, Soybean Oil, Palm Oil, Crisp Rice (Brown Rice Flour), Cinnamon, Baking Soda, Salt, Natural Flavors.
4.23oz 100% Fruit Juice - Apple			0.5			4.23	60	0	0	0	0	5	14	0	13	0	0	None	100% Apple Juice (Water sufficient to reconstitute Apple juice concentrate), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.53	310	7.5	3	0	10	160	50	1	34	7	10		
Pollo Asado		2				4.5	200	17	3	0	0	120	7	2	4		7	None	White chicken meat, water, modified food starch; contains 2% or less of: chili powder (spice, salt, garlic powder, silicon dioxide), salt, sugar, garlic powder, sodium phosphate, citric acid, smoke flavor, spices.
Whole Wheat Tortilla 1oz	1					1	90	2.5	1	0	0	100	14	1	0	0	2	Wheat	Whole grain wheat flour, water, bleached wheat flour (niacin, reduced iron, thiamin mononitrate, riboflavin, enzyme, folic acid), water, hydrogenated soybean oil, vegetable glycerine, contains 2% or less of the following: mono and diglycerides, vital wheat gluten, salt, calcium propionate, calcium acid pyrophosphate, sodium bicarbonate, sugar, fumaric acid, corn starch, sodium stearoyl lactylate, sodium acid pyrophosphate, potassium sorbate, cellulose gum, inactive yeast, enzymes, sodium metabisulfite.
Fruit Cup in 100% Juice 4.5oz - Pineapple tidbits			0.5			4.5	52	0	0	0	0	1	12.7	1.2	11.5	0	0.2	None	Pineapple tidbits, water, pear juice concentrate, citric acid.
Ocean Spray® Flavored Craisins® - Raspberry Lemonade 1.16oz			0.25			1.16	110	0	0	0	0	0	27	2	24	21	0	None	Dried Cranberries (sugar, cranberries, natural flavor). Refined sunflower oil is used as a processing aid.
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	1	2	0.75	0		19.16	587	19.5	4	0	5	401	84.7	7.2	62.5	21	17.2		

2026 SFSP Meal Kit Options Continued  
7 Day Box D (Week 3)

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
<b>Day 3</b>	2	2	0.5	1	O/A, R/O	30.66	1055	34	10.5	0	40	1130	153	11	104	16	35		
Pop-Tarts® Whole Grain Frosted Strawberry 1.7oz	1					1	170	2.5	1	0	0	115	36	3	14	14	2	Wheat, Soy	Whole wheat flour, sugar, corn syrup, enriched flour (wheat flour, niacin, reduced iron, vitamin B <sub>1</sub> [thiamin mononitrate], vitamin B <sub>2</sub> [riboflavin], folic acid), dextrose, soybean and palm oil, bleached wheat flour, polydextrose, glycerin. Contains 2% or less of: fructose, wheat starch, calcium carbonate, leavening (sodium acid pyrophosphate, baking soda), vegetable juice for color, citric acid, dried apples, salt, dried strawberries, sodium stearoyl lactylate, citric acid, DATEM, gelatin, cornstarch, modified wheat starch, xanthan gum, brown rice syrup, paprika extract color, soy lecithin, niacinamide, reduced iron, vitamin A palmitate, vitamin B <sub>6</sub> [pyridoxine hydrochloride], vitamin B <sub>9</sub> (riboflavin), vitamin B <sub>1</sub> (thiamin hydrochloride).
4.23oz 100% Fruit Juice - Fruit Punch			0.5			4.23	60	0	0	0	0	5	15	0	14	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Apple, Pear, Orange and Pineapple juice concentrates), Natural Flavors and Citric Acid
Shelf Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.23	330	5	2.5	0	10	225	63	3	40	14	10		
Pepperoni Slices		1				1	300	17	2	0	0	15	29	4	23		8	None	Pork, beef, salt, spices, dextrose, lactic acid starter culture, oleoresin of paprika, natural smoke flavor, flavoring, sodium erythorbate, sodium nitrite, BHA, BHT, and citric acid.
Mozzarella Cheese Plank 1oz		1				1	100	8	6	0	25	360	1	0	0		6	Dairy	Cultured pasteurized milk, water, salt, sodium phosphate, natural flavoring, sorbic acid (preservative), enzymes.
Boosh Pita Chip - Cheesy Pizza Flavor	1					0.7	90	3	0	0	0	140	14	1	1	1	2	Dairy, Wheat	Wheat Flour, Sunflower Oil, Whole Wheat Flour, Sugar, Tomato Powder, Dextrose, Cheese Flavor (Whey Powder, Natural Cheese Flavor), Spices, Yeast Extract, Onion, Garlic Powder, Oat Fiber, Yeast, Salt.
Paradise Punch - 100% Veggie Juice				0.5	O/A	4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Vegetable & Fruit Juice Blend (Water sufficient to reconstitute Sweet Potato, Apple and/or Pear, and Carrot Juice concentrates, Natural Flavors and Citric Acid.
Dipping Cups Red Gold Marinara 2.5oz				0.5	R/O	2.5	40	1	0	0	0	200	7	2	4	1	1	None	Tomato Puree (Water, Tomato Paste), Diced Tomatoes, Sugar, Less Than 2% Of: Soybean Oil, Salt, Dried Garlic, Dried Onion, Spices, Parsley, Citric Acid.
Shelf Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	1	2	0	1	O/A, R/O	17.43	725	29	8	0	30	905	90	8	64	2	25		
<b>Day 4</b>	2	2	0.5	1.5	O/A	34.76	845	15.5	4	0	45	705	140	9	76	8	35		
Zee Zees Campfire S'mores Soft Baked Bar 1.3oz/175	1					1.3	150	5	1.5	0	0	50	24	1	9	8	2	Wheat	Whole grain blend (oats, whole oat flour, whole wheat flour), enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, corn syrup, soybean oil, palm oil, marshmallow flavored bits (sugar, corn syrup, rice syrup, corn cereal, degermed corn grits, starch [corn starch, tapioca starch], palm oil, natural flavor, titanium dioxide), raisin paste, natural flavor, palm kernel oil, cocoa (processed with alkali), salt, baking soda, soy lecithin.
4.23oz 100% Fruit Juice - Orange Tangerine			0.5			4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Pear, Orange, Tangerine and/or Apple Juice concentrates), Natural Flavors and Citric Acid
Shelf Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.53	310	7.5	3	0	10	165	51	1	34	8	10		
Southwest Chicken and Rice		2		1	R/O	8	240	3.5	1	0	30	220	36	6	6		16	Wheat	Water, white chicken meat, corn, kidney beans, red bell pepper, carrots, tomato paste, and brown rice, along with 2% or less of modified food starch, wheat flour, sugar, garlic powder, onion powder, salt, and spices.
<i>3/8 cup(s) of Red/Orange vegetables, 1/8 cup(s) of Starchy vegetables</i>																			
Boosh 0.75oz Roasted Cajun Corn Nuggets	1					1	100	4.5	0	0	0	130	14	1	0	0	1	None	NGMO Corn, NCMO High Oleic Oil, (Contains One or More of The Following: NGMO Canola and/or Safflower Oil), Spices Including Paprika, Salt Dextrose, Sugar, Onion Powder, Garlic Powder, Yeast Extract, Tomato Powder, Citric Acid, Corn Syrups Solids, Soybean Oil, Extractives of Paprika, Natural Flavors, and Silicone Dioxide (Anticaking).
Paradise Punch - 100% Veggie Juice				0.5	O/A	4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Vegetable & Fruit Juice Blend (Water sufficient to reconstitute Sweet Potato, Apple and/or Pear, and Carrot Juice concentrates, Natural Flavors and Citric Acid.
Shelf Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	1	2	0	1.5	O/A	21.23	535	8	1	0	35	540	89	8	42	0	25		

2026 SFSP Meal Kit Options Continued  
7 Day Box D (Week 3)

	Grain (oz)	Meat/PA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
<b>Day 5</b>	2	2	1	0.5	O/A	32.31	885	28	3.5	0	45	935	129	9	84	10	36		
Boosh Vanilla Cinnamon 1oz Granola	1					1	130	4	0	0	0	40	19	2	5	5	3	None	Whole Grain Oats, Brown Rice Syrup, Expeller Pressed Canola Oil, Evaporated Cane Sugar, Brown Rice Crisps, Oat Bran, Vanilla Extract, Sea Salt, Cinnamon.
4.23oz 100% Fruit Juice - Apple			0.5			4.23	60	0	0	0	0	5	14	0	13	0	0	None	100% Apple Juice (Water sufficient to reconstitute Apple juice concentrate), Natural Flavors and Citric Acid
Shelf Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.23	290	6.5	1.5	0	10	150	45	2	30	5	11		
Jack Links Sweet BBQ Chicken Bites 1oz		1				1	70	1	0	0	30	180	7	0	6	5	9	None	White meat chicken, water, brown sugar, sugar, contains 2% or less of glycerin, sea salt, fructose, flavors, dehydrated tomato, citric acid, cultured celery extract, natural smoke flavor, maltodextrin. Treated with a solution of fermented oregano, fennel seed, and plum to ensure freshness.
Boosh 1oz Sunflower Kernel		1				1	170	17	2	0	0	130	8	4	1	0	7	None	Sunflower Kernels, Sunflower and/or Cottonseed Oil, Salt.
Boosh 0.75oz Roasted BBQ Corn Nuggets		1				0.75	100	3.5	0	0	0	280	15	1	0	0	1	None	NGMO Corn, High Oleic Oil (Contains One or More of the Following: NGMO Canola and/or Safflower Oil), Sugar, Salt, Dehydrated Vegetable (Onion, Tomato, Garlic), Spices, Yeast Extract, Natural Flavors, Extractives of Paprika, Torula Yeast, and Silicon Dioxide Added.
Buddy Fruit Apple Cinnamon 4.1oz			0.5			4.1	60	0	0	0	0	5	15	1	11	0	0	None	Apples, Cinnamon.
Paradise Punch - 100% Veggie Juice				0.5	O/A	4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Vegetable & Fruit Juice Blend (Water sufficient to reconstitute Sweet Potato, Apple and/or Pear, and Carrot Juice concentrates, Natural Flavors and Citric Acid.
Shelf Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	1	2	0.5	0.5	O/A	19.08	595	21.5	2	0	35	785	84	7	54	5	25		
<b>Day 6</b>	2	2	1.25	0		29.62	1015	32.5	7	0	15	965	155	11	110	46	30		
Boosh Apple Cinnamon Soft Baked Bite 1oz		1				1	100	3	1	0	0	75	17	1	7	6	2	Wheat, Soy, Egg, Dairy	Oats, Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate, Riboflavin, Folic Acid), Invert Sugar, Brown Sugar, Palm Oil Margarine (Palm Oil, Water, Soybean Oil, Salt, Contains Less Than 2% of Vegetable Mono & Diglycerides, Soy Lecithin, Sodium Benzoate (A Preservative), Citric Acid, Natural & Artificial Flavors, Beta Carotene (Color), Vitamin A Palmitate Added, Whey, Sugar, Apple (Apple, Sodium Metabisulfite), Canola Oil, Fructose, Contains 2% or Less of the Following: Water, Cinnamon, Baking Soda, Natural Flavor, Salt, Soybean Oil, Cellulose Gum, Egg, Soy Lecithin, Annatto, Turmeric (For Color), Modified Corn Starch, Cream of Tartar, Enzyme. Contains: Egg, Milk, Soy, Wheat.
4.23oz 100% Fruit Juice - Fruit Punch			0.5			4.23	60	0	0	0	0	5	15	0	14	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Apple, Pear, Orange and Pineapple juice concentrates), Natural Flavors and Citric Acid
Shelf Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	1	0	0.5	0		13.23	260	5.5	2.5	0	10	185	44	1	33	6	10		
The Amazing Chickpea Chocolate Spread 1.25 oz			1			1.13	170	10	1.5	0	0	35	15	2	8	7	5	None	Roasted Chickpeas, Canola Oil, Sugar (contains Corn Starch), Pea Protein Isolate, Cocoa Powder, Palm Oil, Natural Flavor.
Boosh Protein trail mix Honey Cran			1	0.25		2.16	270	13	2	0	0	55	36	5	27	25	5	Wheat	Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Honey Sunflower Kernels (Sunflower Kernels, Sugar, Sunflower Oil, Honey, Salt, Maltodextrin, Xanthan Gum).
Kelloggs Grahams Tiger Bites Original 1oz		1				1	120	4	1	0	0	105	21	1	8	8	2	Wheat, Soy	Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Vitamin B1 [Thiamin Mononitrate], Vitamin B2 [Riboflavin], Folic Acid), Sugar, Vegetable Oil (Soybean, Palm, Canola And/Or High Oleic Soybean), Honey, Contains 2% Or Less of Molasses, Salt, Baking Soda, Soy Lecithin, Bht For Freshness.
Buddy Fruit Apple Cinnamon 4.1oz			0.5			4.1	60	0	0	0	0	5	15	1	11	0	0	None	Apples, Cinnamon.
Shelf Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	1	2	0.75	0		16.39	755	27	4.5	0	5	380	111	10	77	40	20		

2026 SFSP Meal Kit Options Continued  
7 Day Box D (Week 3)

	Grain (oz)	Meat/Pk (oz)	Fruit (cup)	Veget (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Allergens	Ingredients
Day 7	2	2	1.25	0		31.34	875	14	2.5	0	15	800	149	15	90	30	29		
Kellogg's® Scooby-Doo!™ Chocolate Snacks 1oz	1					1	120	4	1	0	0	95	21	2	8	8	2	Wheat, Soy	Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), sugar, vegetable oil (soybean, palm, high oleic soybean and/or canola), cocoa processed with alkali. Contains 2% or less of invert sugar, salt, baking soda, maltodextrin, soy lecithin, natural and artificial flavor, BHT for freshness. <b>CONTAINS WHEAT AND SOY INGREDIENTS.</b>
4.23oz 100% Fruit Juice - Orange Tangerine			0.5			4.23	60	0	0	0	0	10	15	0	13	0	0	None	100% Fruit Juice (Water sufficient to reconstitute Pear, Orange, Tangerine and/or Apple Juice concentrates), Natural Flavors and Citric Acid
Shell Stable Milk - 1% White 8oz						8	100	2.5	1.5	0	10	105	12	0	12	0	8	Dairy	Lowfat Milk, Vitamin A Palmitate, Vitamin D3.
<b>Breakfast</b>	<b>1</b>	<b>0</b>	<b>0.5</b>	<b>0</b>		<b>13.23</b>	<b>280</b>	<b>6.5</b>	<b>2.5</b>	<b>0</b>	<b>10</b>	<b>210</b>	<b>48</b>	<b>2</b>	<b>33</b>	<b>8</b>	<b>10</b>		
Zee Zees Bean Dipz Cup, Original 3oz				1		3	80	1.5	0	0	0	190	12	4	0	0	3	None	Pinto Beans, Water, Seasoning (Salt, Onion, Sugar, Jalapeno andamp; Chili Peppers, Spice, Garlic, Natural Flavors), Corn Oil, Citric Acid, Vinegar, Fruit and Vegetable Juice (Color).
Boosh .75oz Chickpeas - Ranch				1		0.75	100	3	0	0	0	75	12	4	1	1	5	None	Chickpeas, Sunflower Oil and/or Safflower Oil, Salt, Maltodextrin, Onion and Garlic Powder, Citric Acid, Natural Flavors, Parsley, and Silicon Dioxide Added to Prevent Caking.
Boosh Pita Chip - Sea Salt Flavor						0.7	90	3	0	0	0	140	13	1	0	0	2	Wheat	Enriched Unbleached Whole Wheat Flour (Niacin, Iron Thiainin Mononitrate, Riboflavin, and Folic Acid), Sunflower Oil, Stone Ground Unbleached Whole Wheat Flour, Sea Salt, Natural Flavor, Ascorbic Acid.
Fruit Cup in 100% Juice 4.5oz - Mandarin	1		0.5			4.5	80	0	0	0	0	5	13	1	9	0	1	None	Contains Wheat. Mandarin segments, water, pear juice concentrate, ascorbic acid, citric acid.
Ocean Spray® Flavored Craisins® - Raspberry Lemonade 1.16oz			0.25			1.16	110	0	0	0	0	0	27	2	24	21	0	None	Dried Cranberries (sugar, cranberries, natural flavor). Refined sunflower oil is used as a processing aid.
Shell Stable Milk - Fat Free Chocolate 8oz						8	135	0	0	0	5	180	24	1	23	0	8	Dairy	Nonfat Milk, Sugar, Cocoa (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3.
<b>Lunch</b>	<b>1</b>	<b>2</b>	<b>0.75</b>	<b>0</b>		<b>18.11</b>	<b>595</b>	<b>7.5</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>590</b>	<b>101</b>	<b>13</b>	<b>57</b>	<b>22</b>	<b>19</b>		



# 2026 21-Day Menu Rotation

## WEEK 1

Monday	Grain	M/MA	F/V	Dairy	Tuesday	Grain	M/MA	F/V	Dairy	Wednesday	Grain	M/MA	F/V	Dairy	Thursday	Grain	M/MA	F/V	Dairy	Friday	Grain	M/MA	F/V	Dairy	Saturday	Grain	M/MA	F/V	Dairy	Sunday	Grain	M/MA	F/V	Dairy																							
<b>Breakfast</b> Marshmallow Mateys RS Bowl 1oz 4.23oz 100% Fruit Juice - Orange Tangerine Shelf Stable Milk - 1% White <b>Lunch</b> <b>C01 - Nacho Meal (V)+</b> Boosh Pita Chip - Sea Salt Flavor Tasty Cow Cheddar Cheese Cups 2oz Boosh Protein trail mix Honey Cran- Sunflower Kernel and Dried Fruit Combo Mandarins in Juice 4.5oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Zee Zees Birthday Cake Bar 1.3oz 4.23oz 100% Fruit Juice - Apple Shelf Stable Milk - 1% White <b>Lunch</b> <b>C02 - Buffalo Chicken Salad +</b> Whole Wheat Tortilla Buffalo Chicken Salad Pouch-4.5oz Buddy Fruit Apple Orchard 4.1oz 4.23oz Paradise Punch Vegetable Juice Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Apple Jacks RS Pouch 1oz 4.23oz 100% Fruit Juice - Fruit Punch Shelf Stable Milk - 1% White <b>Lunch</b> <b>C04 - Cheese Pizza Meal (V)+</b> Boosh Pita Chip - Cheezy Pizza Flavor Mozzarella Cheese Plank 1oz Boosh 1oz Sunflower Kernel 4.23oz Apple Juice Dipping Cups Red Gold Marinara 2.5oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Zee Zees Campfire S'mores Bar 1.3oz 4.23oz 100% Fruit Juice - Apple Shelf Stable Milk - 1% White <b>Lunch</b> <b>Spaghetti w/ Meat Sauce</b> WG Cheez-It Crackers Spaghetti w/ Meat Sauce Mozzarella Cheese Plank 1oz 4.23oz Veggie Juice Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Boosh Vanilla Cinnamon 1oz Granola 4.23oz 100% Fruit Juice - Fruit Punch Shelf Stable Milk - 1% White <b>Lunch</b> <b>C10 - Turkey &amp; Swiss</b> Boosh Vanilla Cinnamon Granola Turkey 'n Swiss Combo Boosh .75oz Chickpeas - Ranch Craisin Mandarins in Juice 4.5oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Boosh Lemon Berry Soft Baked Bite 1oz 4.23oz 100% Fruit Juice - Orange Tangerine Shelf Stable Milk - 1% White <b>Lunch</b> <b>Apple Chickpea Spread</b> Crunchmaster Cinn Toast Cracker Apple Chickpea Spread Boosh Protein trail mix Honey Cran- Sunflower Kernel and Dried Fruit Combo Buddy Fruit Sour Apple 4.1oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Kellogg's Grahams Tiger Bites 1oz 4.23oz 100% Fruit Juice - Apple Shelf Stable Milk - 1% White <b>Lunch</b> <b>C11 - Yogurt Parfait</b> Boosh Vanilla Cinnamon Granola Low Fat Yogurt STRAWBERRY Boosh Protein trail mix Honey Cran- Sunflower Kernel and Dried Fruit Combo Mandarins in Juice 4.5oz/96 Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz																							

Based on availability, items may be replaced with items of similar composition/nutritional value

SFSP Non Congregate Case Information	
Units Per Case	1 Box
Cases per Pallet	88
Case Dimension	22" x 9.25" x 5.25"
Pallet Tj-Hi	8 X 11
Box Weight	17.5 lbs.
Shelf Life	3-6 months from ship date (min. 09/2026)

# 2026 21-Day Menu Rotation

## WEEK 2

Monday	Grain	M/MA	F/V	Dairy	Tuesday	Grain	M/MA	F/V	Dairy	Wednesday	Grain	M/MA	F/V	Dairy	Thursday	Grain	M/MA	F/V	Dairy	Friday	Grain	M/MA	F/V	Dairy	Saturday	Grain	M/MA	F/V	Dairy	Sunday	Grain	M/MA	F/V	Dairy
<b>Breakfast</b> Honey Scooters RS Bowl 1oz 4.23oz 100% Juice- Orange Tangerine Shelf Stable Milk - 1% White <b>Lunch</b> <b>C14 - It's a Gouda Lunch!</b> Boosh Pita Chip - Sea Salt Flavor HF Smoked Gouda Cheese Dip 2oz Boosh Protein trail mix Honey Cran-Sunflower Kernel and Dried Fruit Combo Buddy Fruit Sour Apple 4.1oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Zee Zees Blueberry Lemon Bar 1.3oz 4.23oz 100% Juice - Apple Shelf Stable Milk - 1% White <b>Lunch</b> <b>C17 - BBQ Chicken</b> Whole Wheat Tortilla BBQ Chicken Pouch 4.5oz Diced Peach Cup 4.5oz Raspberry Lemonade Craisins 1.16oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Froot Loops RS Pouch 1oz 4.23oz 100% Juice • Fruit Punch Shelf Stable Milk - 1% White <b>Lunch</b> <b>C08 - Pepperoni Pizza Meal+</b> Boosh Pita Chip - Cheesy Pizza Flavor OBriens Pepperoni Beef Stick 1.125oz Mozzarella Cheese Plank 1oz 4.23oz Apple Juice Dipping Cups Red Gold Marinara 2.5oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Zee Zees Campfire Smores Bar 1.3oz 4.23oz 100% Juice • Apple Shelf Stable Milk - 1% White <b>Lunch</b> <b>C23 - White Chicken Chili</b> Boosh Roasted Ranch Corn Nuggets White Chicken Chili Mandarins in Juice 4.5oz 4.23oz Paradise Punch Vegetable Juice Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Boosh Vanilla Cinnamon 1oz Granola 4.23oz 100% Juice • Fruit Punch Shelf Stable Milk - 1% White <b>Lunch</b> <b>C22 - Buffalo Chicken and Cheese Bites</b> WG Cheez-It Crackers Buffalo Chicken and Cheese Bites Boosh Protein trail mix Honey Cran-Sunflower Kernel and Dried Fruit Combo Buddy Fruit Apple Orchard 4.1oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Boosh Cranberry Vanilla Baked Bite 1oz 4.23oz 100% Juice- Orange Tangerine Shelf Stable Milk - 1% White <b>Lunch</b> <b>C03 - Sunbutter (V)</b> Kellogg's® Bug Bites® Cinnamon Grahams Sunbutter Creamy Cup 1.1oz Boosh .75oz Chickpeas - Ranch Buddy Fruit Apple Orchard 4.1oz Orange Craisins 1.16oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz	<b>Breakfast</b> Kellogg's Grahams Bug Bites Original 1oz 4.23oz 100% Juice - Fruit Punch Shelf Stable Milk - 1% White <b>Lunch</b> <b>C12-Quesadilla</b> Whole Wheat Tortilla Mozzarella Cheese Plank 1oz Vintage Cheddar Cheese Plank 1oz 4.23oz Paradise Punch Vegetable Juice Dipping Cups Red Gold Salsa 3oz Shelf Stable Milk - 1% White	1 oz		.5 cup	8 oz

Based on availability, items may be replaced with items of similar composition/nutritional value

SFSP Non Congregate Case Information	
Units Per Case	1 Box
Cases per Pallet	88
Case Dimension	22" x 9.25" x 5.25"
Pallet Ti-Hi	8 X 11
Box Weight	17.5 lbs.
Shelf Life	3-6 months from ship date (min. 09/2026)



## SSO Vegetable Subgroup Compliance – 7 Day Boxes

### Missing Vegetable Subgroups (Weekly Total)

7 Day Box B (Week 1) Missing: Dark Green Vegetable Subgroup – ½ cup, Beans/Peas (Legumes) Vegetable Subgroup – ½ cup, Starchy Vegetable Subgroup – ½ cup.

7 Day Box C (Week 2) Missing: Dark Green Vegetable Subgroup – ½ cup, Beans/Peas (Legumes) Vegetable Subgroup – ½ cup, Starchy Vegetable Subgroup – ½ cup.

7 Day Box D (Week 3) Missing: Dark Green Vegetable Subgroup – ½ cup, Beans/Peas (Legumes) Vegetable Subgroup – ½ cup, Starchy Vegetable Subgroup – ¾ cup.

2026 SFSP Meal Kit Options	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
<b>7 Day Box B (Week 1)</b>	<b>15</b>	<b>14</b>	<b>7.5</b>	<b>2</b>	O/A,	<b>219.72</b>	<b>6465</b>	<b>181</b>	<b>54</b>	<b>0</b>	<b>305</b>	<b>6580</b>	<b>952</b>	<b>69</b>	<b>622</b>	<b>173</b>	<b>231</b>
Day 1	2	2	1.25	0	R/O	30.59	985	32	10.5	0	45	1545	135	10	90	31	33
Breakfast	1	0	0.5	0		13.23	270	4	1.5	0	10	385	49	2	31	6	11
Lunch	1	2	0.75	0		17.36	715	28	9	0	35	1160	86	8	59	25	22
Day 2	2	2	1	0.5	O/A	35.36	835	17	6	0	85	870	124	5	81	8	38
Breakfast	1	0	0.5	0		13.53	310	7.5	3	0	10	155	50	2	34	8	10
Lunch	1	2	0.5	0.5	O/A	21.83	525	9.5	3	0	75	715	74	3	47	0	28
Day 3	2	2	1	0.5	R/O	30.66	845	32	9.5	0	40	1285	118	12	73	8	34
Breakfast	1	0	0.5	0		13.23	250	3	1.5	0	10	270	50	4	31	6	10
Lunch	1	2	0.5	0.5	R/O	17.43	595	29	8	0	30	1015	68	8	42	2	24
Day 4	3	2	0.5	1	R/O,	30.76	825	22	10	0	45	1040	122	8	73	8	32
Breakfast	1	0	0.5	0	O/A	13.53	310	7.5	3	0	10	160	50	1	34	8	10
Lunch	2	2	0	1	R/O,	17.23	515	14.5	7	0	35	880	72	7	39	0	22
Day 5	2	2	1.25	0	O/A	29.64	935	19.5	5	0	40	780	143	12	94	32	34
Breakfast	1	0	0.5	0		13.23	290	6.5	1.5	0	10	150	46	2	31	5	11
Lunch	1	2	0.75	0		16.41	645	13	3.5	0	30	630	97	10	63	27	23
Day 6	2	2	1.25	0		29.82	1015	30.5	5.5	0	15	550	150	12	99	36	31
Breakfast	1	0	0.5	0		13.23	260	5.5	2.5	0	10	190	43	1	32	6	10
Lunch	1	2	0.75	0		16.59	755	25	3	0	5	360	107	11	67	30	21
Day 7	2	2	1.25	0		32.89	1025	28	7.5	0	35	510	160	10	112	50	29
Breakfast	1	0	0.5	0		13.23	280	6.5	2.5	0	10	210	47	1	33	8	10
Lunch	1	2	0.75	0		19.66	745	21.5	5	0	25	300	113	9	79	42	19

Missing: Dark Green - ½ cup, Beans/Peas (Legumes) - ½ cup, Starchy - ½ cup.

Based on availability, items may be replaced with items of similar composition/nutritional value

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2026 SFSP Meal Kit Options

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
<b>7 Day Box C (Week 2)</b>	<b>14</b>	<b>14</b>	<b>7</b>	<b>2.5</b>	O/A, R/O	<b>224.57</b>	<b>6300</b>	<b>179</b>	<b>61</b>	<b>0</b>	<b>360</b>	<b>7685</b>	<b>920</b>	<b>60</b>	<b>605</b>	<b>153</b>	<b>235</b>
Day 1	2	2	1.25	0		30.19	965	32	11.5	0	55	1465	140	10	93	31	33
Breakfast	1	0	0.5	0		13.23	270	4	1.5	0	10	285	49	2	31	6	11
Lunch	1	2	0.75	0		16.96	695	28	10	0	45	1180	91	8	62	25	22
Day 2	2	2	1.25	0		32.69	815	13.5	5	0	50	850	131	7	91	29	32
Breakfast	1	0	0.5	0		13.53	310	7.5	3	0	10	155	50	2	34	8	10
Lunch	1	2	0.75	0		19.16	505	6	2	0	40	695	81	5	57	21	22
Day 3	2	2	0.5	1	O/A, R/O	30.785	795	24	11.5	0	55	1650	112	8	73	8	34
Breakfast	1	0	0.5	0		13.23	260	3	1.5	0	10	280	51	4	32	6	10
Lunch	1	2	0	1	O/A, R/O	17.555	535	21	10	0	45	1370	61	4	41	2	24
Day 4	2	2	1	0.5	O/A	39.01	975	27.5	5.5	0	50	825	140	9	80	8	33
Breakfast	1	0	0.5	0		13.53	310	7.5	3	0	10	160	50	1	34	8	10
Lunch	1	2	0.5	0.5	O/A	25.48	665	20	2.5	0	40	665	90	8	46	0	23
Day 5	2	2	1.25	0	O/A	31.09	975	27.5	5.5	0	70	810	139	10	92	30	38
Breakfast	1	0	0.5	0		13.23	290	6.5	1.5	0	10	150	46	2	31	5	11
Lunch	1	2	0.75	0		17.86	685	21	4	0	60	660	93	8	61	25	27
Day 6	2	2	1.25	0		29.34	985	29.5	6.5	0	15	670	150	12	103	39	32
Breakfast	1	0	0.5	0		13.23	260	5.5	2.5	0	10	190	44	1	32	6	10
Lunch	1	2	0.75	0		16.11	725	24	4	0	5	480	106	11	71	33	22
Day 7	2	2	0.5	1	O/A, R/O	31.46	790	25	15.5	0	65	1415	108	4	73	8	33
Breakfast	1	0	0.5	0		13.23	280	6.5	2.5	0	10	210	48	1	34	8	10
Lunch	1	2	0	1	O/A, R/O	18.23	510	18.5	13	0	55	1205	60	3	39	0	23

Missing: Dark Green - ½ cup, Beans/Peas (Legumes) - ½ cup, Starchy - ½ cup.

Based on availability, items may be replaced with items of similar composition/nutritional value

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2026 SFSP Meal Kit Options

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Sub Group	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
<b>7 Day Box D (Week 3)</b>	<b>14</b>	<b>14</b>	<b>7</b>	<b>3</b>	O/A, R/O	<b>221.97</b>	<b>6557</b>	<b>184.5</b>	<b>44</b>	<b>0</b>	<b>225</b>	<b>6061</b>	<b>995.7</b>	<b>72.2</b>	<b>650.5</b>	<b>169</b>	<b>224.2</b>
<b>Day 1</b>	<b>2</b>	<b>2</b>	<b>1.25</b>	<b>0</b>		<b>30.59</b>	<b>985</b>	<b>33.5</b>	<b>9.5</b>	<b>0</b>	<b>50</b>	<b>1365</b>	<b>135</b>	<b>9</b>	<b>90</b>	<b>31</b>	<b>32</b>
Breakfast	1	0	0.5	0		13.23	280	6.5	1.5	0	10	265	48	1	31	6	9
Lunch	1	2	0.75	0		17.36	705	27	8	0	40	1100	87	8	59	25	23
<b>Day 2</b>	<b>2</b>	<b>2</b>	<b>1.25</b>	<b>0</b>		<b>32.69</b>	<b>897</b>	<b>27</b>	<b>7</b>	<b>0</b>	<b>15</b>	<b>561</b>	<b>134.7</b>	<b>8.2</b>	<b>96.5</b>	<b>28</b>	<b>27.2</b>
Breakfast	1	0	0.5	0		13.53	310	7.5	3	0	10	160	50	1	34	7	10
Lunch	1	2	0.75	0		19.16	587	19.5	4	0	5	401	84.7	7.2	62.5	21	17.2
<b>Day 3</b>	<b>2</b>	<b>2</b>	<b>0.5</b>	<b>1</b>	O/A, R/O	<b>30.66</b>	<b>1055</b>	<b>34</b>	<b>10.5</b>	<b>0</b>	<b>40</b>	<b>1130</b>	<b>153</b>	<b>11</b>	<b>104</b>	<b>16</b>	<b>35</b>
Breakfast	1	0	0.5	0		13.23	330	5	2.5	0	10	225	63	3	40	14	10
Lunch	1	2	0	1	O/A, R/O	17.43	725	29	8	0	30	905	90	8	64	2	25
<b>Day 4</b>	<b>2</b>	<b>2</b>	<b>0.5</b>	<b>1.5</b>	O/A, S	<b>34.76</b>	<b>845</b>	<b>15.5</b>	<b>4</b>	<b>0</b>	<b>45</b>	<b>705</b>	<b>140</b>	<b>9</b>	<b>76</b>	<b>8</b>	<b>35</b>
Breakfast	1	0	0.5	0		13.53	310	7.5	3	0	10	165	51	1	34	8	10
Lunch	1	2	0	1.5	R/O, O/A, S	21.23	535	8	1	0	35	540	89	8	42	0	25
3/8 cup(s) of Red/Orange vegetables, 1/8 cup(s) of Starchy vegetables, 1/2 cup(s) Other/Alternative																	
<b>Day 5</b>	<b>2</b>	<b>2</b>	<b>1</b>	<b>0.5</b>	O/A	<b>32.31</b>	<b>885</b>	<b>28</b>	<b>3.5</b>	<b>0</b>	<b>45</b>	<b>935</b>	<b>129</b>	<b>9</b>	<b>84</b>	<b>10</b>	<b>36</b>
Breakfast	1	0	0.5	0		13.23	290	6.5	1.5	0	10	150	45	2	30	5	11
Lunch	1	2	0.5	0.5	O/A	19.08	595	21.5	2	0	35	785	84	7	54	5	25
<b>Day 6</b>	<b>2</b>	<b>2</b>	<b>1.25</b>	<b>0</b>		<b>29.62</b>	<b>1015</b>	<b>32.5</b>	<b>7</b>	<b>0</b>	<b>15</b>	<b>565</b>	<b>155</b>	<b>11</b>	<b>110</b>	<b>46</b>	<b>30</b>
Breakfast	1	0	0.5	0		13.23	260	5.5	2.5	0	10	185	44	1	33	6	10
Lunch	1	2	0.75	0		16.39	755	27	4.5	0	5	380	111	10	77	40	20
<b>Day 7</b>	<b>2</b>	<b>2</b>	<b>1.25</b>	<b>0</b>		<b>31.34</b>	<b>875</b>	<b>14</b>	<b>2.5</b>	<b>0</b>	<b>15</b>	<b>800</b>	<b>149</b>	<b>15</b>	<b>90</b>	<b>30</b>	<b>29</b>
Breakfast	1	0	0.5	0		13.23	280	6.5	2.5	0	10	210	48	2	33	8	10
Lunch	1	2	0.75	0		18.11	595	7.5	0	0	5	590	101	13	57	22	19

Missing: Dark Green – ½ cup, Beans/Peas (Legumes) – ½ cup, Starchy – 3/8 cup.

Based on availability, items may be replaced with items of similar composition/nutritional value

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Note: Optional vegetable subgroup additions may be offered by Optimum Foods to support SSO compliance. Sponsor provided items may be required to fully meet weekly vegetable subgroup minimums.

**POWER PACKS**  
FUELED BY OPTIMUM FOODS

**OPTIMUM**  
FOODS

# GRAB & GO MEAL KITS



## LUNCH & SUPPER MENUS



### GREAT FOR:

- Full Meal Replacement
- Supplemental Menu
- Backup Meals
- Low Labor
- Low Waste
- Ready to serve
- Cost effective
- Fully reimburseable
- And more...



C01VP - Nacho Meal



C02V - Chicken Salad Meal



C03V - Sunbutter Meal



C04VP - Pizza Meal



C05V - Mediterranean Meal



C06V - Bean Dip Meal



C07V - Peanut Butter Meal



C08V - Meat & Cheese Meal



C09V - BBQ Bites Meal



\*SPECIFIC COMPONENTS SUBJECT TO CHANGE BASED ON AVAILABILITY



**NEW**  
**G10V**



C10V - Turkey & Swiss  
Meal



**2025-2026 Lunch/Supper Meal Kit Options**

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>C01VP - Nacho Cheese Cup &amp; Salsa Meal</b>	<b>1</b>	<b>2</b>	<b>0.50</b>	<b>0.5</b>	<b>8.2</b>	<b>535</b>	<b>29</b>	<b>8.5</b>	<b>0</b>	<b>30</b>	<b>1285</b>	<b>53</b>	<b>7</b>	<b>30</b>	<b>14</b>
Cheddar Cheese Cup		1			2	140	12	7	0	30	780	0	0	0	6
Sunflower Kernels		1			1	170	14	1.5	0	0	110	6	3	1	6
100% Fruit Juice			0.5		1.16	110	0	0	0	0	0	27	2	24	0
Red Gold® Salsa Cup				0.5	3	25	0	0	0	0	195	5	1	3	1
Chili Lime Savory Cracker	1				1	90	3	0	0	0	200	15	1	2	1
<b>C02V - Chicken Salad Meal</b>	<b>1</b>	<b>2</b>	<b>0.25</b>	<b>0.5</b>	<b>11.2</b>	<b>360</b>	<b>7</b>	<b>2.0</b>	<b>0</b>	<b>40</b>	<b>370</b>	<b>59</b>	<b>3</b>	<b>37</b>	<b>11</b>
Buffalo Chicken		2			4.5	90	3.5	1.0	0	35	210	3	0	0	9
Ocean Spray® Flavored Craisins®			0.25		1.16	110	0	0	0	0	0	27	2	24	0
Kellogg's® WG Cheez-it Crackers	1				1.3	100	3.5	1	0	5	150	14	1	0	2
100% Veggie Juice				0.5	4.23	60	0	0	0	0	10	15	0	13	0
<b>C03V - Sunbutter Meal</b>	<b>1</b>	<b>2</b>	<b>0.25</b>	<b>0.5</b>	<b>8.5</b>	<b>630</b>	<b>33.5</b>	<b>4.5</b>	<b>0</b>	<b>0</b>	<b>330</b>	<b>72</b>	<b>8</b>	<b>47</b>	<b>14</b>
Sunbutter		1			1.1	200	17	3	0	0	120	7	2	4	7
Sunflower Kernels		1			1	170	14	1.5	0	0	110	6	3	1	6
Ocean Spray® Flavored Craisins®			0.25		1.16	110	0	0	0	0	0	27	2	24	0
Kellogg's® WG Honey Grahams	1				1	90	2.5	0	0	0	90	17	1	5	1
100% Veggie Juice				0.5	4.23	60	0	0	0	0	10	15	0	13	0
<b>C04VP - Pizza Meal</b>	<b>1</b>	<b>2</b>	<b>0.25</b>	<b>0.5</b>	<b>6.7</b>	<b>500</b>	<b>25</b>	<b>7.5</b>	<b>0</b>	<b>25</b>	<b>870</b>	<b>56</b>	<b>9</b>	<b>31</b>	<b>15</b>
Mozzarella Cheese Plank		1			1	100	8	6	0	25	360	1	0	0	6
Sunflower Kernels		1			1	170	14	1.5	0	0	110	6	3	1	6
WG Pizza Crackers	1				1	80	2	0	0	0	200	15	2	2	2
Ocean Spray® Flavored Craisins®			0.25		1.16	110	0	0	0	0	0	27	2	24	0
Red Gold® Marinara Sauce Cup				0.5	2.5	40	1	0	0	0	200	7	2	4	1
<b>C05V - Mediterranean Meal</b>	<b>1</b>	<b>2</b>	<b>0.25</b>	<b>0.5</b>	<b>10.4</b>	<b>540</b>	<b>18.5</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>435</b>	<b>84</b>	<b>12</b>	<b>45</b>	<b>12</b>
Taco Hummus Cup		1			3	120	3	0	0	0	180	18	5	3	6
Boosh Honey-Cran Trail Mix		1	0.25		2.16	270	13	2	0	0	55	36	5	27	5
WG Wheat Cracker	1				1	90	2.5	0	0	0	190	15	2	2	1
100% Veggie Juice				0.5	4.23	60	0	0	0	0	10	15	0	13	0

Based on availability, items may be replaced with items of similar composition/nutritional value

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**2025-2026 Lunch/Supper Meal Kit Options**

	Grain (oz)	Meat/MA (oz)	Fruit (cup)	Veggie (cup)	Size (g/oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>C06V - Bean Dip Meal</b>	<b>1</b>	<b>2</b>	<b>0.25</b>	<b>0.5</b>	<b>10.4</b>	<b>510</b>	<b>18.5</b>	<b>1.5</b>	<b>0</b>	<b>0</b>	<b>510</b>	<b>75</b>	<b>10</b>	<b>40</b>	<b>10</b>
Bean Dip		1			3	80	1.5	0	0	0	190	12	4	0	3
Sunflower Kernels		1			1	170	14	1.5	0	0	110	6	3	1	6
Ocean Spray® Flavored Craisins®			0.25		1.16	110	0	0	0	0	0	27	2	24	0
Chili Lime Savory Cracker	1				1	90	3	0	0	0	200	15	1	2	1
100% Veggie Juice				0.5	4.23	60	0	0	0	0	10	15	0	13	0
<b>C07V - Peanut Butter Meal</b>	<b>1</b>	<b>2</b>	<b>0.25</b>	<b>0.5</b>	<b>8.5</b>	<b>600</b>	<b>29.5</b>	<b>4.0</b>	<b>0</b>	<b>0</b>	<b>295</b>	<b>77</b>	<b>8</b>	<b>49</b>	<b>13</b>
Peanut Butter Squeezer		1			1.12	180	14	2	0	0	140	9	2	4	7
Boosh Honey-Cran Trail Mix		1	0.25		2.16	270	13	2	0	0	55	36	5	27	5
Kellogg's® WG Honey Grahams	1				1	90	2.5	0	0	0	90	17	1	5	1
100% Veggie Juice				0.5	4.23	60	0	0	0	0	10	15	0	13	0
<b>C08V - Meat Stick &amp; Cheese Meal</b>	<b>1</b>	<b>2</b>	<b>0.25</b>	<b>0.5</b>	<b>8.5</b>	<b>510</b>	<b>21</b>	<b>10</b>	<b>0</b>	<b>40</b>	<b>890</b>	<b>62</b>	<b>4</b>	<b>42</b>	<b>16</b>
Pepperoni Beef Stick		1			1.13	110	9	4	0	15	480	0	0	0	7
Ocean Spray® Flavored Craisins®			0.25		1.16	110	0	0	0	0	0	27	2	24	0
Cheddar Cheese Plank		1			1	100	8	6	0	25	360	1	0	0	6
Boosh Vanilla Cinnamon Granola	1				1	130	4	0	0	0	40	19	2	5	3
100% Veggie Juice				0.5	4.23	60	0	0	0	0	10	15	0	13	0
<b>C09V - Sweet BBQ Chicken Bites Meal</b>	<b>1</b>	<b>2</b>	<b>0.25</b>	<b>0.5</b>	<b>8.4</b>	<b>530</b>	<b>18</b>	<b>2</b>	<b>0</b>	<b>30</b>	<b>285</b>	<b>77</b>	<b>7</b>	<b>51</b>	<b>17</b>
Jack Links® Sweet BBQ Bites		1			1	70	1	0	0	30	180	7	0	6	9
Boosh Honey-Cran Trail Mix		1	0.25		2.16	270	13	2	0	0	55	36	5	27	5
Boosh Vanilla Cinnamon Granola	1				1	130	4	0	0	0	40	19	2	5	3
100% Veggie Juice				0.5	4.23	60	0	0	0	0	10	15	0	13	0
<b>C10V - Turkey N Swiss Combo Meal</b>	<b>1</b>	<b>2</b>	<b>0.25</b>	<b>0.5</b>	<b>8.4</b>	<b>510</b>	<b>21.5</b>	<b>5.5</b>	<b>0</b>	<b>25</b>	<b>485</b>	<b>70</b>	<b>6</b>	<b>46</b>	<b>12</b>
Turkey 'n Swiss Combo		1			1	90	6	3.5	0	25	330	2	0	1	6
Boosh Honey-Cran Trail Mix		1	0.25		2.16	270	13	2	0	0	55	36	5	27	5
Kellogg's® WG Honey Grahams	1				1	90	2.5	0	0	0	90	17	1	5	1
100% Veggie Juice				0.5	4.23	60	0	0	0	0	10	15	0	13	0
<b>MILK</b>					<b>8</b>	<b>100</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>10</b>	<b>105</b>	<b>12</b>	<b>0</b>	<b>12</b>	<b>8</b>
1% Lowfat Milk					8	100	2.5	1.5	0	10	105	12	0	12	8

Based on availability, items may be replaced with items of similar composition/nutritional value